

Maritime Academy of Toledo
Wellness Committee Meeting
January 12, 2018

Committee members

- Superintendent – Tom Shafer
- Chef Mike Smith
- Parent Liaison – Sarah Fleishman
- FLP Coordinator – Stephanie Dixon
- Physical Education – Jessie Weber

Agenda

1. Review Current National School Lunch Program
 - a. Chef Mike and Ms. Dominique are settling in nicely in their second year here at Maritime Academy
 - b. Students seem to have a clear understanding of the Offer vs. Serve procedures.
 - i. Students are aware that they must have 3 of the 5 components.
 - c. Galley Aides are doing remarkable job with policies and procedures. (Washing hands, proper use of gloves, hair nets, and monitoring of serving sizes)
2. Discuss Current Needs for National School Lunch Program
 - a. With the increase spread of communicable disease we need to increase handwashing and the use of hand sanitizer. Staff will begin to direct students to sanitizing stations and the restroom prior to lunch and after infectious contact (coughing, blowing nose, after using the restroom).
 - b. Monthly menus will be uploaded to all media outlets (Maritime Website and Facebook).
 - i. This will allow students to prepare for lunch if they would like to pack or need to bring money to purchase.
3. Review Current Physical Education Program
 - a. New Leadership has been established with our Physical Education classes. With the addition of Jessie Weber students have started using the pool regularly and despite limited space are involved in regular physical activity.
 - b. We are currently running a beginners swim program.
 - i. Students are learning the basic skills of swimming (breathing, Coordination, floating, kicking and paddling)
 1. We have seen much success with this programs. Students who were once afraid of the water are now comfortable and succeeding at these basic skills.
 - c. Physical Education equipment is being used more effectively this year.
 - i. With our limited space Jessie has begun to use treadmills, mats and floor space to keep our students active.
 - d. Limited space is a problem for running a fully effective P.E program.
 - i. We are currently looking into a space that would allow us the room we need. There are some repairs that need be completed prior to us using the space. We hope to have the space available for the 18/19 school year.

4. Discuss Current Needs for Physical Education Program
 - a. We have purchased a pull up bar for class and it needs to be mounted.
 - i. We are currently working on getting it mounted for use.
 - b. Ms. Weber has been looking into purchasing bowling supplies, obstacle course equipment and tires for her class. She needs sets of seven to run a unit with her classes.
 - i. Mr. Shaffer stated the he will assist her with getting this materials.
5. Next Meeting
 - a. We plan to meet again at the close of the year.
 - i. This will allow us to address any changes that need to be made by the beginning of the 18/19 school year.